

Isofield Steridon

DONNING INSTRUCTIONS



[VIEW
DONNING
VIDEO](#)



1 Open the Steridon outer and inner bags by tearing horizontally using the notches provided.



2 Using right hand remove the Steridon from the inner bag.



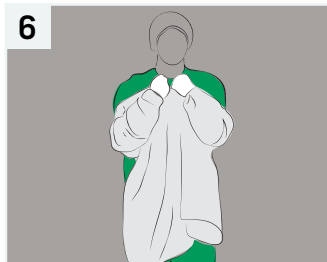
3 Locate green and white tabs (green for right, and white for left).



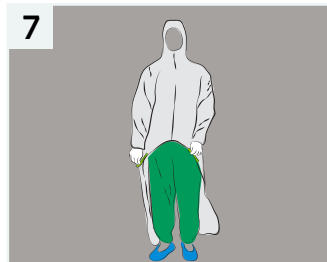
4 Shake the Steridon loose to unfold. Do not allow any part touch the floor.



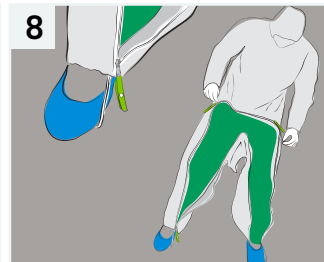
5 First, insert left arm into the Steridon, then right.



6 Once arms are through, gather both hands to chest and flip the garment over head.



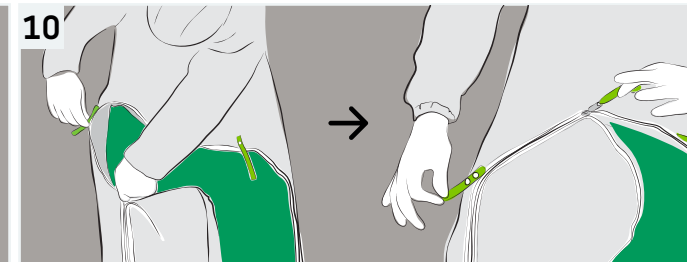
7 If needed, grasp the external green tabs lightly to position the garment over hips.



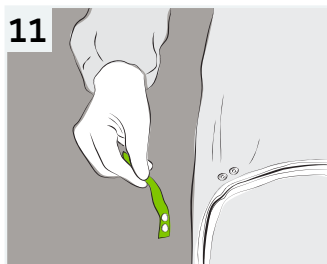
8 Lift right foot and place it into the right leg opening and into foot loop.



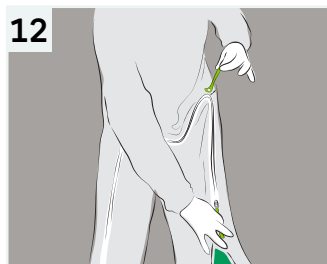
9 Whilst holding the green tab with right hand, use left hand to guide the zip upwards.



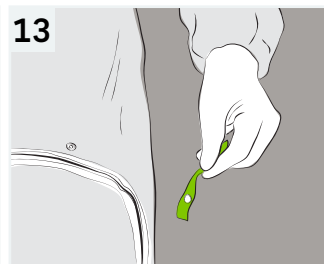
10 Using right hand, hold the green tab outwards allowing zipper to move easily across apex.



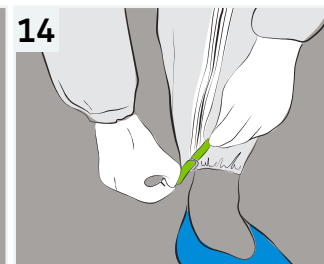
11 Remove external green tab on right side.



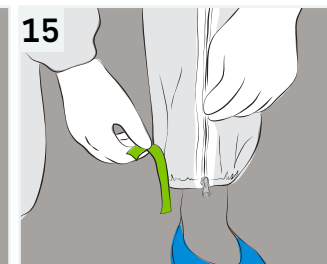
12 Using left hand, hold the green tab outwards to allow the zipper to move easily downwards.



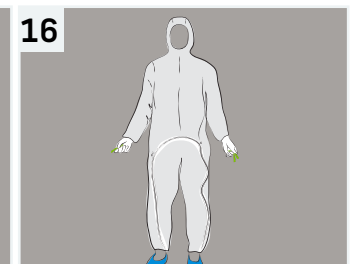
13 Remove external green tab on left side.



14 When zipper reaches the base, peel apart.



15 Remove tab.



16 Dispose of tabs.